

February 4th, 2026 #1,124

Word of the Week - Anger

For the foreseeable future, the theme of the Midweek Lift will “**the word for the week.**” There may be times when it will be appropriate to interrupt the theme. If you have a word you would like me to cover, let me know. The word for this week is the word we know all too well, “**anger.**”



There are two types of anger. There is righteous anger and there is selfish anger. It is the latter that we all engage in most often. Dr. Gary Smalley defined selfish anger “**as a negative emotion we feel when a person or situation has failed to meet our needs, blocked our goals, or fallen short of our expectations. It’s what we feel when we’ve placed our needs, wants, and desires ahead of anyone else’s.**” This type of anger is sinful because it is self-centered. The Bible teaches against this type of anger.

Righteous anger, on the other hand, is not a sin. **Ephesians 4.26-27** “**Be angry and do not sin; do not let the sun go down on your anger and give no opportunity to the devil.**” Here we even have the command to be angry. There are certain situations for which we should be angry. We should be angry when we see sin and evil, when we see God’s law be violated, when we see God’s character being defamed. There are other examples we could cite. But Paul also wrote that even righteous anger can turn into a sin if it is not dealt with appropriately and quickly. We need to make sure our righteous anger never takes a sinful turn.

We are not always able to avoid the immediate emotion of anger. But when it happens, we need to ask some questions to determine if our anger is sinful or righteous.

“Why am I angry?”

“Is my anger motivated by a desire to protect others or am I expressing frustration over a personal grievance?”

“Am I trying to make things right or am I making my point?”

“Would Jesus be angry about this situation, or am I just frustrated?”

“Is my anger rooted in love for what is right, or is it fueled by ego and self-interest?”

“Am I responding to the situation with compassion and grace, or is my anger leading me toward destructive behavior?”

Whose rights are being violated (mine or another’s)?

“Is the truth (a principle of God) being violated?”

“Am I expressing my anger in the right way?”

“How long has my anger lasted?”

“How controlled is my anger?”

“What is the effect of my anger on others around me?”

Dr. Gary Smalley stated that “Martin Luther once said, ‘**You can’t keep the birds from flying over your head...but you can keep them from building a nest in your hair.**’ We may not be able to keep anger from cropping up, but we can decide to keep it from staying in our lives and poisoning our attitude.”

In Christ Alone



Prayer & Praises

- Please pray for Sue Deardorff and family due to the passing of her mother yesterday. She thanks all of us for our prayers and support. The arrangements will be private.
- Sue Deardorff requested prayer for the salvation of her brother.
- Please pray for Linda Firster's brother, who will be having a procedure on his lung. Pray for success and a good recovery.
- Jerry Stifler is asking for prayers for the family of his neighbor and good friend who passed away Tuesday. He had had a stroke the Saturday after Christmas. Jerry also asks for prayer for his own grandson who is undergoing treatments.

- Mark Lipsitz requested prayer for those affected by the snow storm.
- Please pray for Foy S. who has been transported back to York Hospital.
- Please pray for Kathy M. The doctors were able to remove her kidney stone. They replaced the stent with a new one that will be removed next Tomorrow. She is in some pain. So please pray for healing.
- Please pray for Nancy S. and her family. Her mother Minnie passed away peacefully yesterday at the nursing home. She was 103.
- Please continue to pray for Tom, who was discharged to his home yesterday. So please pray for his continued recovery.

Ash Wednesday

February 18 will be Ash Wednesday, and we will have a soup supper and a short program. The supper will start at 6:00 PM. The program/devotional will focus on the meaning of Lent and will be suitable for all ages. Come join us and bring a friend.



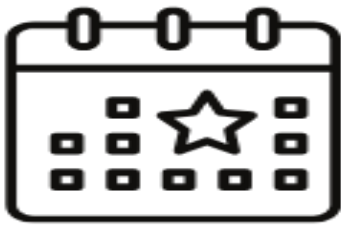
CBC Weekly Prayer Point

We as Christians are in a hard place. We are to live in a world that does not respect our Savior. We work with some, we shop next to others, and when we travel, we will find them there also. We need to respect them as humans and remember that they, too, can become members of the family of God with just a few words. But, until they do, they are the enemy of our cause. We must still pray for them, as scripture tells us. *"You have heard that it was said, 'You shalt love thy neighbor and hate thine enemy. But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you, that you may be sons of your Father in heaven; for He maketh His sun rise on the evil and on the good, and sendeth rain on the just and on the unjust. For if you love them which love you, what reward have ye? Do not even the publicans the same?"* **Matthew 5:43-47 (KJV)**

Please pray for these congregations and pastors:

- Iglesia Misionera Cristo Viene, "Trujillo" in Venezuela and Pastors Elvis Gonzalez and Maria Zofis
- Iglesia Misionera Fuente Inagotable In Venezuela and Pastor Wilmer Hernandez
- Iglesia Misionera Al Encuentro con Dios in Venezuela and Pastor Hector Silva
- Iglesia Restauracion in Newport, TN and Pastor Edwin Garcia

Please pray for Liz Lipsitz who fell last night and broke her left wrist and very top of her left humorous bone at the ball. She will not be able to drive for 3 months at least. Pray for a speedy recovery.




Reminders

Wednesday 02/04

6:30 pm – Life Group 
7:45 pm – Men's & Women's Choir practice

Thursday 02/05

 Don Julius' Birthday

Friday 02/06

 Doris Myer's Birthday

Sunday 02/08


09:00 am – Come Worship
10:00 am – Intersection's Café
10:20 am – Sunday School

12:00 pm – Widows /Widowers Luncheon –
Dover Valley Restaurant

Monday 02/09

6:30 pm – Open Gym Night - Volleyball




Tuesday 02/10


 Mary Fisher's Birthday

6:00 pm – Commission Meeting

7:00 pm – Board Meeting

Wednesday 02/11

 Terri Stambaugh's Birthday
 Landon Frantz's Birthday
 Louise Julius's Birthday

 6:30 pm – Life Group

Friday 02/13

 Norma Miller's Birthday

Saturday 02/14

 Happy Valentine's Day!

Sunday 02/15


 Donna Malone's Birthday

09:00 am – Come Worship
10:00 am – Intersection's Café
10:20 am – Sunday School

Monday 02/16


6:30 pm – Open Gym Night – Cornhole /
Basketball

Tuesday 02/17

 Liz Keeney's Birthday

 Sandy Hughes' Birthday

Wednesday 02/18

 Ellen Krauses' Birthday

6:00 pm – Light Supper – Ash Wednesday
Service
7:45 pm – Men's & Women's Choir practice

Saturday 02/21

7:00 am – Men's Breakfast – Dover Valley
Restaurant

Sunday 02/22

09:00 am – Come Worship
10:00 am – Intersection's Café
10:20 am – Sunday School

Monday 02/23


6:30 pm – Open Gym Night - Kickball


Tuesday 02/24

 Mervin Good III's Birthday

 Susan Parr's Birthday

Wednesday 02/25

 Deb Henry's Birthday

 6:30 pm – Life Group

Saturday 02/25

 Nancy Smith's Birthday